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## POCKET PROJECT VALUES

THE VALUES OF THE POCKET PROJECT ARE DIRECTLY RELATED TO THE THREE BASIC HUMAN RIGHTS, AS WE UNDERSTAND THEM, AND TO THE THREE CORE VALUES OF THE UNITED NATIONS:

**THE RIGHT TO BE:** the right to be in life and to have space to reflect, digest and integrate. Life is sacred.

*INTEGRITY:*

- o **SERVICE:** Practicing selfless, impartial and appropriate responsiveness to challenges and opportunities
- o **AUTHENTICITY:** Acting in ways that express our true self
- o **TRANSPARENCY:** Being truthful and accountable for our actions
- o **REGENERATION:** Aiming for health, ethical restoration and societal innovation
- o **ALIGNMENT:** bring excluded aspects of ourselves and our collectives back into relation and harmony with sacred law

**THE RIGHT TO BECOME:** the right to flourish in the authentic intelligence that each of us brings.

*PROFESSIONALISM:*

- o **PRESENCE:** Bringing precise witnessing and reflection capacity to each moment and each encounter
- o **EXCELLENCE:** Learning quickly by installing rapid feedback loops every step of the way
- o **COMPASSION:** Embracing our experiences of reality with mutual care and appropriate rhythm and time
- o **SUSTAINABILITY:** Addressing root causes of fragmentation within ourselves, our teams, communities and societies

**THE RIGHT TO BELONG:** the right to create meaningful relationships and community.

*RESPECT FOR DIVERSITY:*

- **JUSTICE:** Dismantling barriers to opportunities so that individuals and communities can gain awareness of collective resilience and collective trauma and skills for collective trauma recognition and integration.
- **EQUITY:** Recognizing that advantages, barriers, privilege and lack of awareness – the ‘isms’ – exist, and that there is a need for rapid learning to create more equity amongst all of us.
- **DIGNITY:** Honouring the dignity of every specific personal history, ancestry and culture, and the practices of healing and resilience that have been developed through time.
- **DIVERSITY:** Acknowledging the diversity of our personal experiences, and how this might influence our sense of safety, visibility and support. Diversity isn’t just about racial differences.
- **INCLUSION:** Fostering a sense of belonging by centring, valuing, and amplifying the voices, perspectives, styles and ways of being of those who experience more barriers based on their identities.