



POCKET PROJECT
RESTORING A FRAGMENTED WORLD

3 - YEAR PREVIEW

2023-2025



photo by Camille Seaman

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INTRODUCTION

A GLOBAL HEALING MOVEMENT

Our work rests on the premise, supported by scientific evidence, that unresolved collective and intergenerational trauma delays the development of the human family, harms the natural world, and inhibits our evolutionary progress.

We respond to both acute and systemic crises and work both with affected populations and the change agents, leaders and institutions involved. We help to first, identify the sources and impacts of trauma and, second, create approaches to prevent or repair them. The core competencies of our work are relational sensing and systemic sensing, which help grow and nurture 'pockets of healing' which we have seen can heal and integrate 'pockets of trauma'.

We spread trauma-informed practices and policies, so that communities, organisations, and government bodies become equipped with the resources needed to address the often hidden layers of mistrust, conflict and polarisation that grow from trauma. Healing from systemic, traumatic impacts allows such collectives to unfold capacities for compassionate and collaborative change, exponentially advancing the potential for creative and innovative potential to tackle our world's most urgent challenges.

With gratitude for your support,
Thomas Hübl, Chair & Co-founder
Kosha Joubert, CEO



THOMAS HUEBL PHD
CHAIR & CO-FOUNDER



KOSHA JOUBERT MSC
CEO

POCKET PROJECT VISION & MISSION

OUR VISION:

We restore fragmentation by addressing and integrating individual, ancestral and collective trauma. We heal the wounds from the past, thus shifting humanity towards a path of collaboration, innovation and emergence.

OUR MISSION:

We raise awareness and train civil society, professionals and policy makers about the global impact and processes for the integration of collective trauma. We develop social impact projects that provide trauma-informed service.



VISION, MISSION, THEORY OF CHANGE

OUR THEORY OF CHANGE:

It is our understanding that unresolved systemic, intergenerational trauma delays the development of the human family, harms the natural world, and inhibits our evolutionary movement. We support change agents and leaders to become trauma-informed. Through precise relational and systemic sensing, 'pockets of healing' can emerge in communities, organisations and countries. When the level of trust and coherence in such a community of practice rises, underlying fields of trauma can be addressed. Over time, the group develops an increased ability to host waves of intensity and create a space for ethical transgression to grow into ethical learning and restoration. A deeper acknowledgement and digestion of content and experiences that could not be processed before can unfold. 'Pockets of Healing' become able to integrate 'Pockets of Trauma'. The creative and innovative potential of communities, organisations and countries grows.



WHAT IS TRAUMA?

TRAUMA IS...

the inner response of an individual or a collective when facing an overwhelming situation. A high level of stress overloads the capacity to stay related to the experience. As a result, the nervous system disassociates from that part which has become overwhelmed in order to protect the rest of the organism and survive.

Where trauma is not integrated soon after the precipitating event, it remains stored in the nervous system and creates permanent and long-lasting after-effects within a person or, even, a culture. These manifest as a range of symptoms or 'signposts' that can be traced back to the original traumatic experiences.

"Whether we realize it or not, it is our woundedness, or how we cope with it, that dictates much of our behavior, shapes our social habits, and informs our ways of thinking about the world."

Gabor Maté

“

"The violence present in our hearts, wounded by sin, is also reflected in the symptoms of sickness evident in the soil, in the water, in the air and in all forms of life."

Laudato Si - Pope Frances

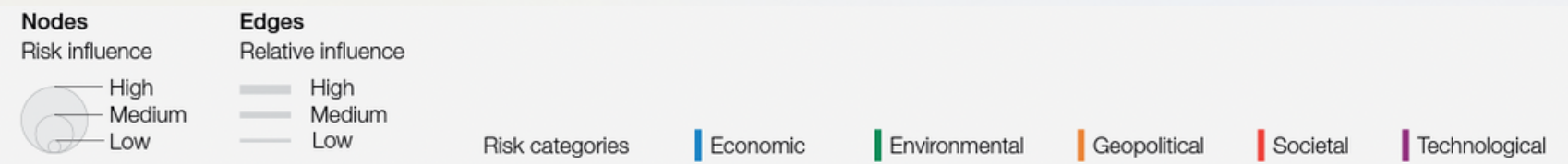
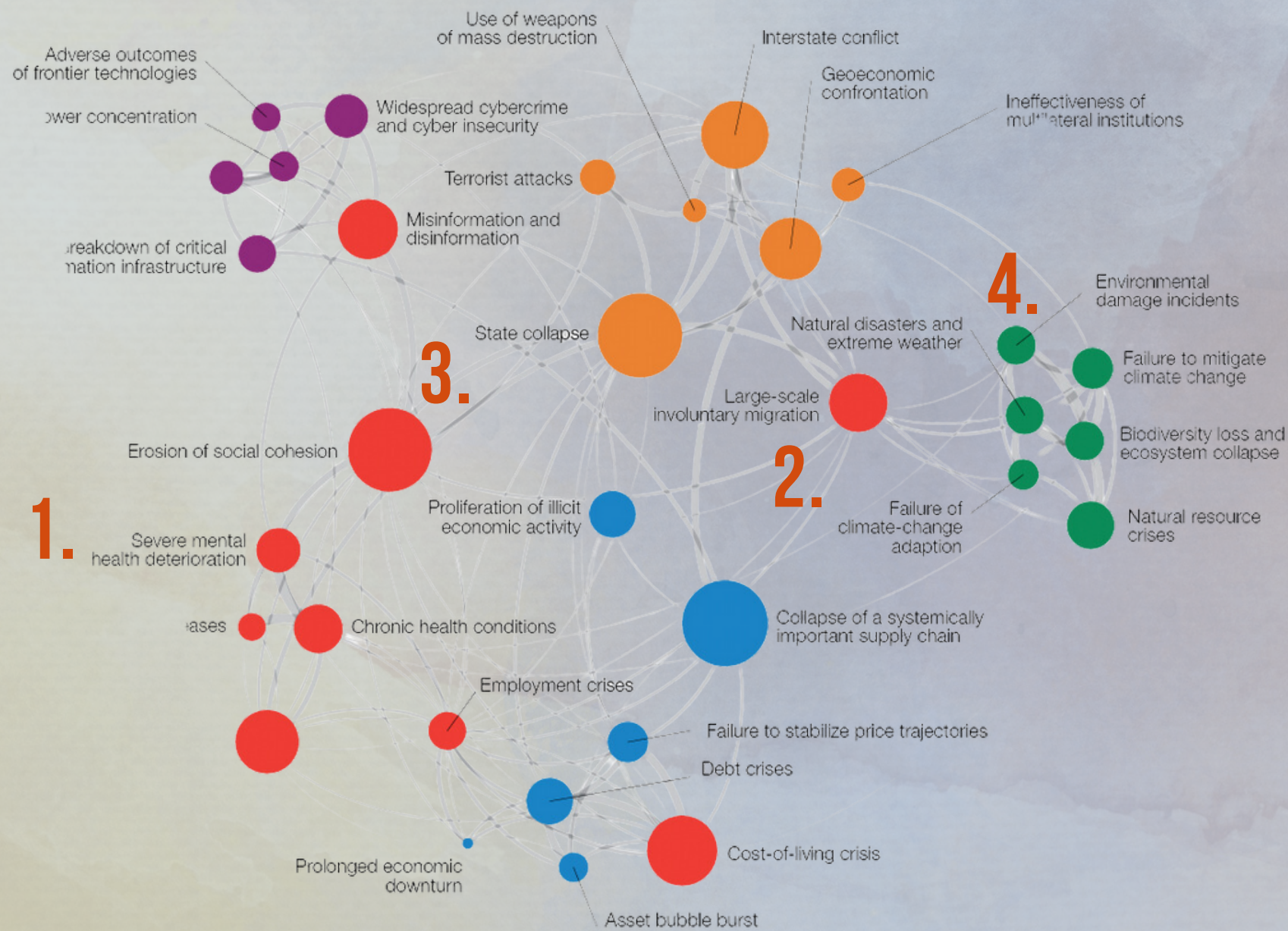
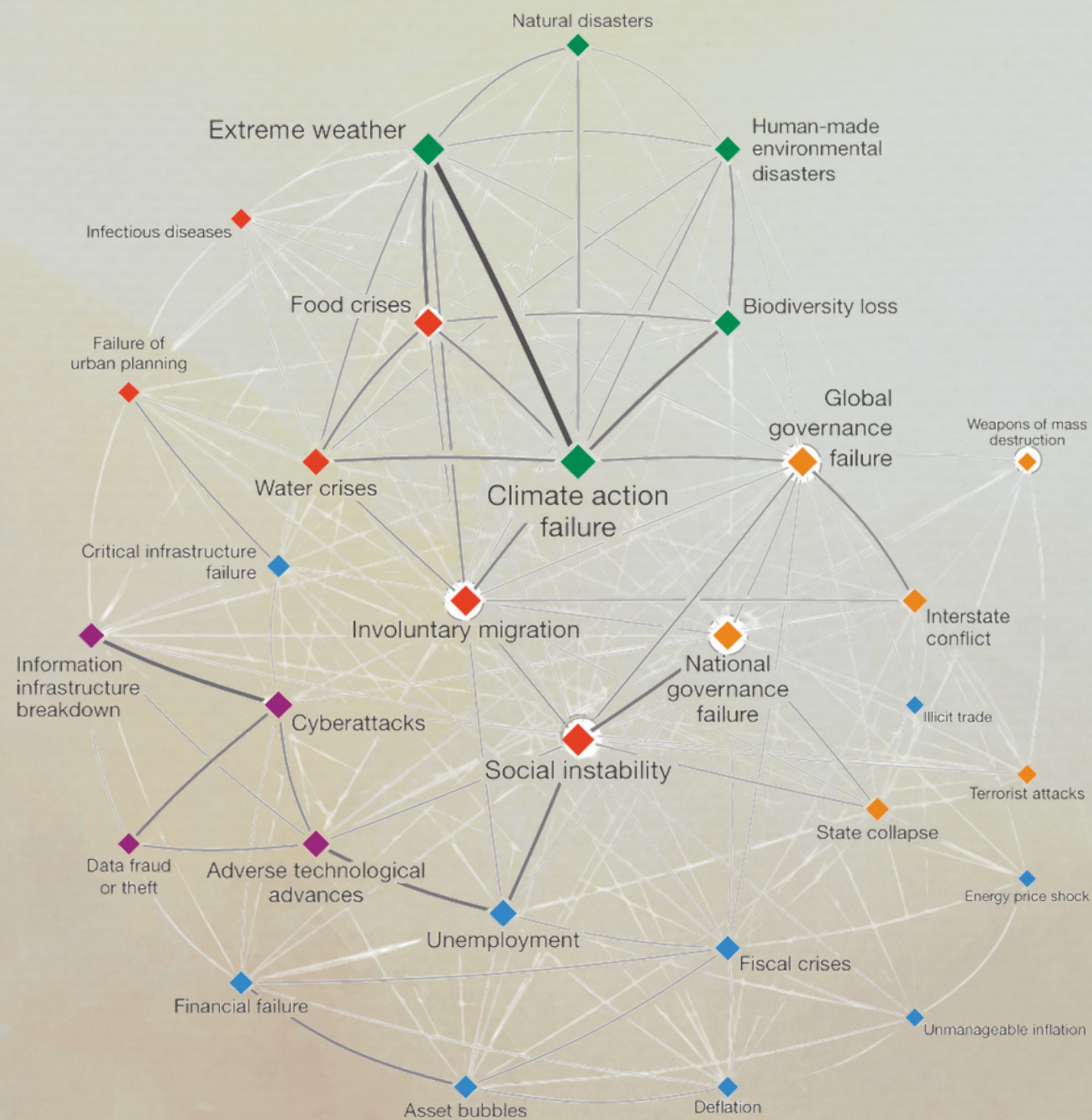


GLOBAL RISKS PERCEPTION MAP & OUR AREAS OF PRIORITY

2020



2022-23



Source: World Economic Forum, Global Risks. Perception Survey 2022-2023
Global Risks Report 2023

OUR AREAS OF PRIORITY

1.

MENTAL HEALTH IN CRISIS



Our professional teams provide psychosocial support for individual and societal stabilization in the face of hot trauma

2.

MIGRATION & DISPLACEMENT



We offer access to trauma-informed practice & policy, with a focus on historic and collective aspects, for growing streams of displaced people

3.

POLARIZATION & CONFLICT



We support trauma awareness and trauma integration in order to meet the roots of polarization and create mutual understanding across societal divides

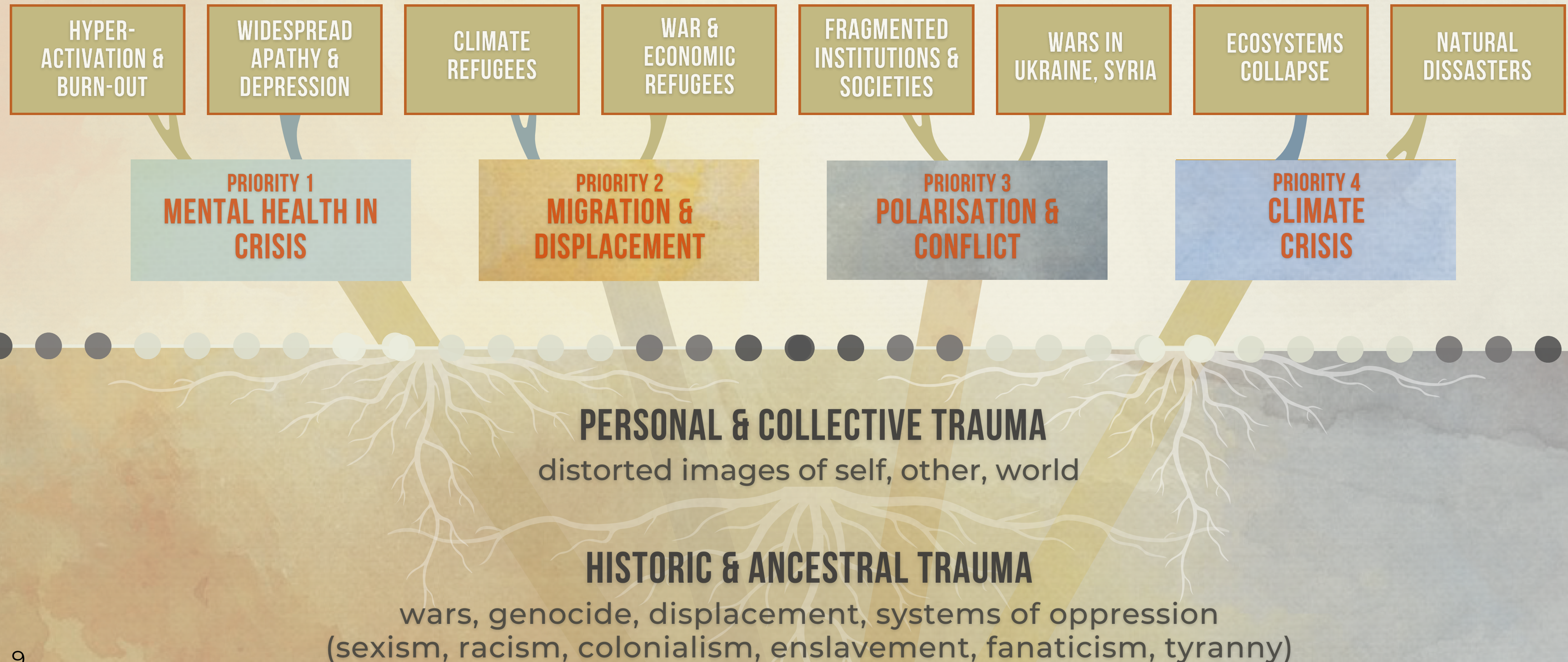
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THE CLIMATE CRISIS

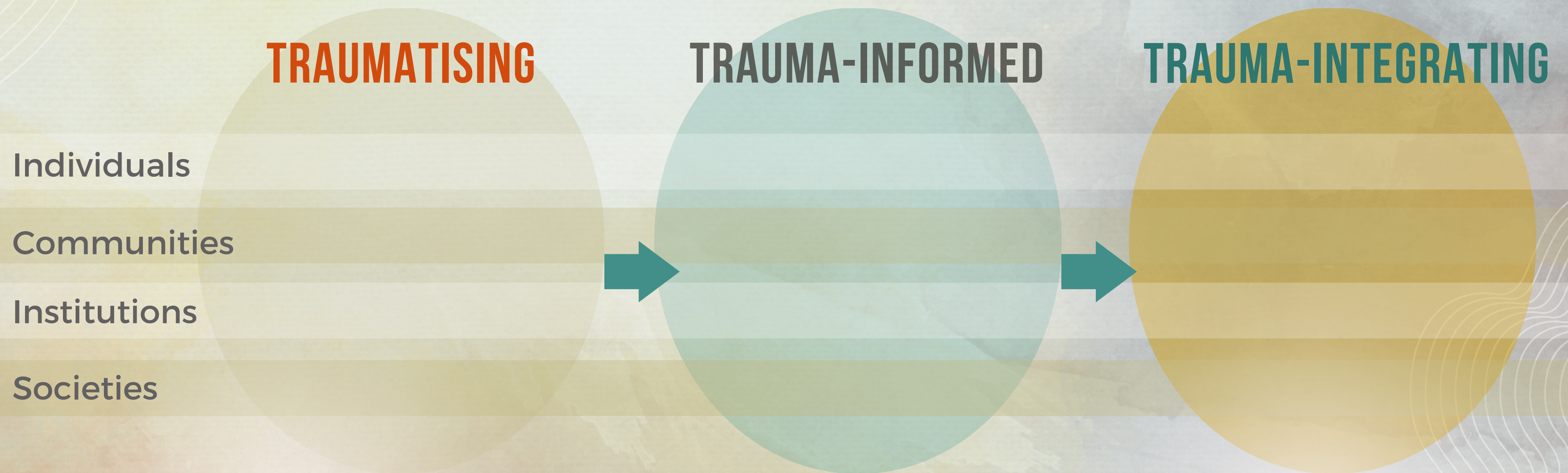


We provide frameworks to better understand and meet the roots of the climate crisis, counteract apathy and hyperactivation, and generate appropriate responsiveness

ROOT CAUSES OF CURRENT CRISES

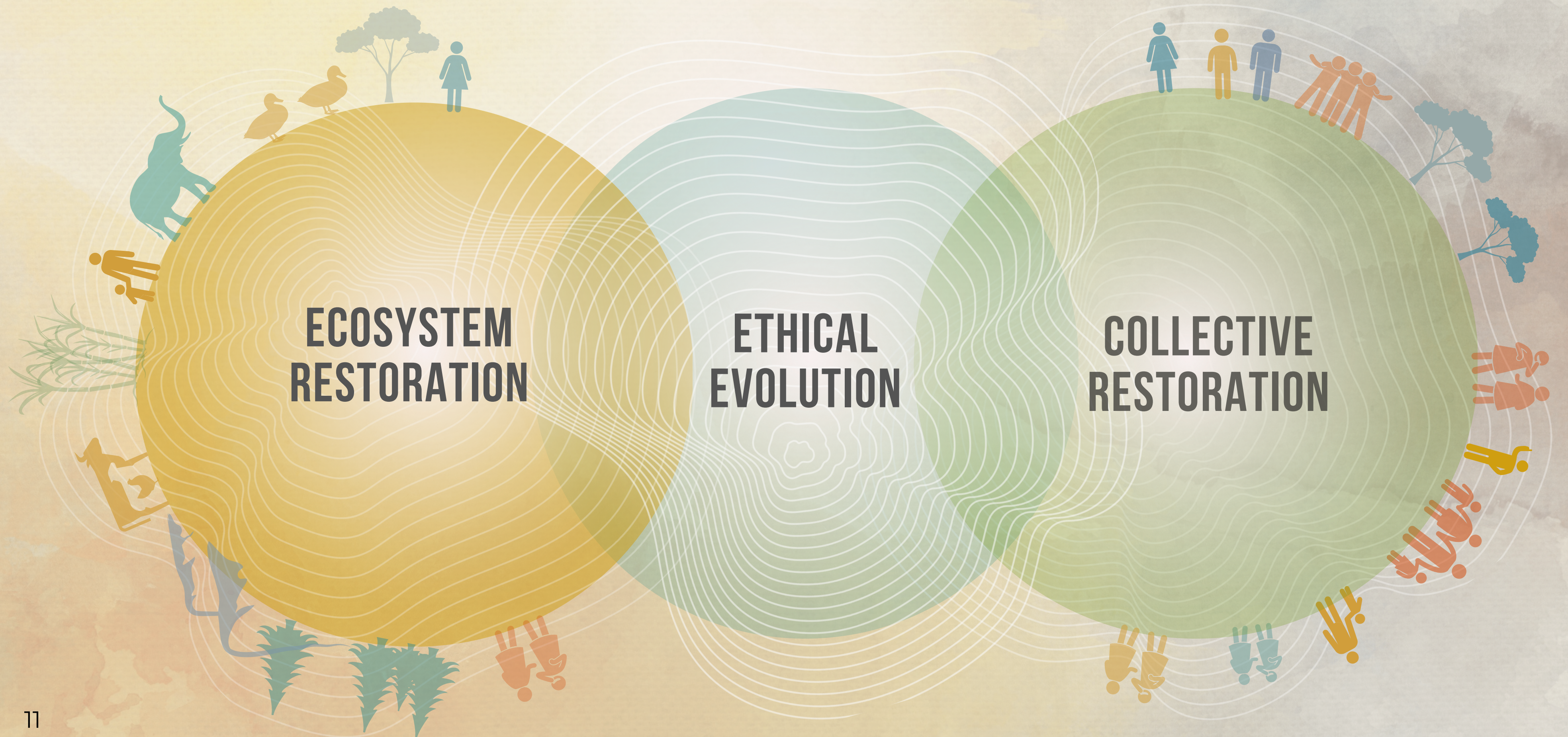


COLLECTIVE RESTORATION - COLLECTIVE TRAUMA INTEGRATION

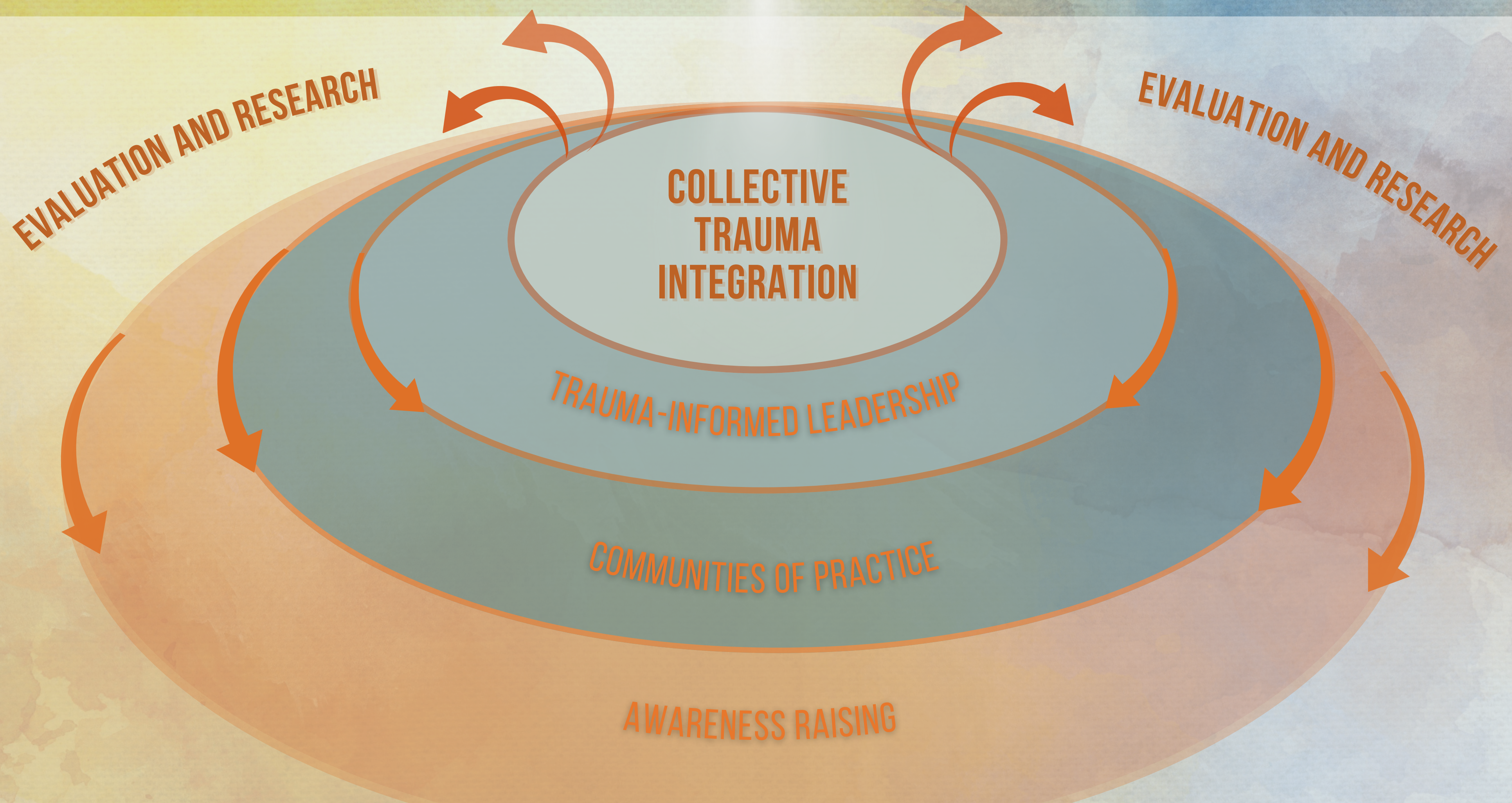


There is a natural tendency in both individual and collective systems that leans towards healing. When provided with a trauma-informed expertise of heightened attunement and the safety of a well-held, coherent space, we can restore our relations.

GLOBAL RESTORATION



OUR APPROACH & ACTIVITIES



OUR APPROACH & ACTIVITIES

AWARENESS RAISING



We reach out to a global audience to raise awareness of the impact of individual, ancestral and collective trauma

COMMUNITY OF PRACTICE



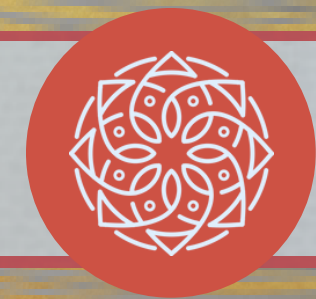
We grow communities of practice that cultivate the embodied presence, attunement and relational competence needed for the emergence of pockets of healing

TRAUMA-INFORMED APPROACHES



We offer education and consultancy to spread trauma-informed practice and policy to communities, organizations and countries

COLLECTIVE TRAUMA INTEGRATION



We engage with specific geographic and/or thematic areas of individual, ancestral and collective trauma and deliver processes for trauma integration to communities, organisations, and countries

EVALUATION & RESEARCH



We create rapid feedback loops and research programs to generate the data that drives an evidence-based approach

INTERSECTION OF APPROACH & AREAS OF PRIORITY

AWARENESS RAISING



COMMUNITY OF PRACTICE



TRAUMA-INFORMED APPROACHES



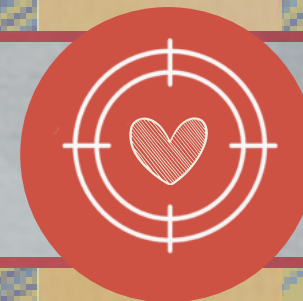
COLLECTIVE TRAUMA INTEGRATION



EVALUATION & RESEARCH



RAPID RESPONSE TO CRISES



MIGRATION & DISPLACEMENT



POLARISATION & DEMOCRACY



THE CLIMATE CRISIS

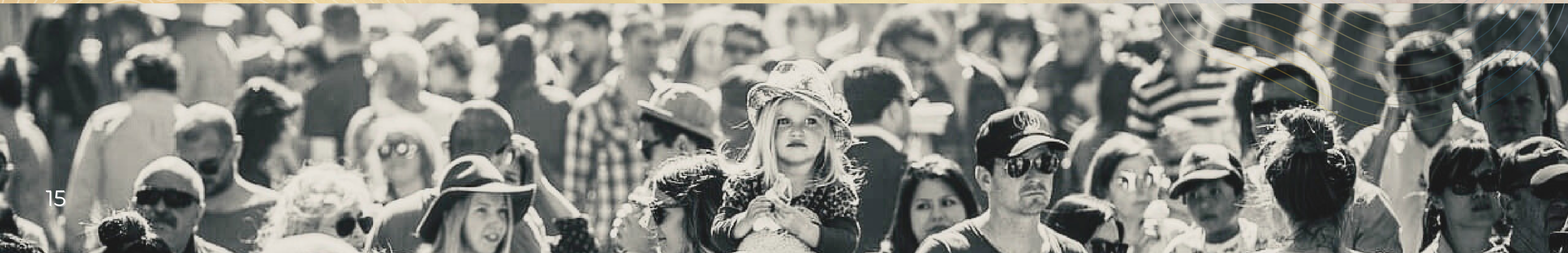




1. AWARENESS RAISING

WE REACH OUT TO A GLOBAL AUDIENCE TO RAISE AWARENESS OF THE IMPACT OF INDIVIDUAL, ANCESTRAL, COLLECTIVE TRAUMA.

- ▶ The Pocket Project has recently added a DESIGNER and an ENGAGEMENT MANAGER to our team, to support us in understanding and responding to the needs of our audience with more precision and beauty.
- ▶ We needed to relaunch some of our SOCIAL MEDIA platforms (Instagram, Twitter, LinkedIn), This foundational work is now starting to pay off and our social media networks are set to grow.
- ▶ After offering successful framework events for the UN Climate Conferences COP26 & COP27, we will grow this event into the CLIMATE & CONSCIOUSNESS SUMMIT, mirroring the success of the Collective Trauma Summit, which the Pocket Project has been a partner to since 4 years.





► INSPIRATION & OUTREACH

POCKETPROJECT.ORG

	2020	2022	2025
ANNUAL WEBSITE VIEWS:	132,765	➤ 310,000	➤ 750,000
SOCIAL MEDIA CONTACTS:	4,195	➤ 6,680	➤ 25,000
NEWSLETTER RECIPIENTS:	5,400	➤ 82,571	➤ 150,000
SUMMIT PARTICIPANTS:	50,000	➤ 100.000	➤ 150,000



“

Wisdom is the amount of world that is consciously included in the way I live. So, growing maturation and wisdom has depth, because more of the world's process is included in my movement

Thomas Huebl, Founder Pocket Project



2. COMMUNITY OF PRACTICE

WE GROW COMMUNITIES OF PRACTICE THAT CULTIVATE THE EMBODIED PRESENCE, ATTUNEMENT AND RELATIONAL COMPETENCE NEEDED FOR THE EMERGENCE OF POCKETS OF HEALING.

- ▶ The Pocket Project continues to nurture free COMMUNITY CALLS in which diverse professionals offer experiential skills-training for trauma-informed practice. Each participant grows in their capacity to become an acupuncture point of stability and healing. Together, we become a trauma-informed community of practice.
- ▶ We grow our free GLOBAL SOCIAL WITNESSING CALLS in which this growing community of practice mindfully attends to global events from a place of embodied awareness. Each call is dedicated to a current topic or acute area of crisis in the world.
- ▶ Through our PRACTICE GROUPS we spread and ground an embodied presence of trauma-informed knowledge and practice to all continents.





▶ COMMUNITY CALLS

[POCKETPROJECT.ORG/COMMUNITY-CALLS](https://pocketproject.org/community-calls)

	2020		2022		2025
NUMBER OF CALLS:	0	➤	12	➤	20
PARTICIPANTS:	0	➤	2,759	➤	7,500

▶ GLOBAL SOCIAL WITNESSING CALLS

[POCKETPROJECT.ORG/GLOBAL-SOCIAL-WITNESSING](https://pocketproject.org/global-social-witnessing)

NUMBER OF CALLS:	0	➤	12	➤	20
PARTICIPANTS:	0	➤	5,735	➤	10,000

“

Having a practice space to learn the art of attuning... I don't know anywhere else to learn this! You are creating a remarkable community.

- Linda H.,
Author and participant Community Calls





▶ PRACTICE GROUPS

[POCKETPROJECT.ORG/PRACTICE-GROUPS](https://pocketproject.org/practice-groups)

These are local or online groups that meet regularly to practice skills for relating, transparent communication, mindfulness and meditation in a caring and nurturing environment. This work is foundational for Global Social Witnessing and Collective Trauma Integration.

We aim to offer Practice Groups in more languages for more peer groups (leaders, parents, youth, coaches, therapists, educators, etc.) and on all continents by 2025.

	2020		2022		2025
NUMBER OF GROUPS:	20	➤	23	➤	100
LANGUAGES:	2	➤	4	➤	7



“

The depth of sharing, connection and open-heartedness was amazing”

- Myrna L, Relationship & Parenting Coach & Educator





3. EDUCATION & CONSULTANCY

WE OFFER EDUCATION AND CONSULTANCY TO SPREAD TRAUMA-INFORMED PRACTICE AND POLICY TO COMMUNITIES, ORGANISATIONS AND COUNTRIES.

- ▶ We continue to expand our teams of professionally trained therapists, coaches, practice group leaders, trauma-informed leaders, global social witnessing facilitators and collective trauma facilitators to activate the global healing movement.
- ▶ We ensure the continuing high quality of the relational and systemic sensing underlying all our work.
- ▶ We offer high-quality training and consultancy to spread trauma-informed policy and practice for Government institutions, diplomats, NGOs, social enterprises and engaged citizens around the world.





EDUCATION

[POCKETPROJECT.ORG/TRAUMA-INFORMED WOMEN](https://pocketproject.org/trauma-informed-women)

Since 2021 we have offered an annual Trauma-Informed Leadership Training. The content was transformed into a self-study version which is open for enrolment. We now have a growing alumni community who are bringing these transformative tools to their own communities and organisations.

	2021		2022		2025
PARTICIPANTS:	437	➤	610	➤	1000
COUNTRIES:	63	➤	67	➤	75
ALUMNI:	437	➤	1047	➤	3500
CONSULTANCY:	0	➤	1	➤	7

“

Doing the Trauma-Informed Leadership Course was one of the highlights of my professional learning of the past years. All the teachers were phenomenal. Thank you!

- Dana Lanza, CEO Confluence Philanthropy, TIL Alumni





SCHOLARSHIPS

[POCKETPROJECT.ORG/SCHOLARSHIPS](https://pocketproject.org/scholarships)

Collective trauma integration prepares the ground for the emergence of healing institutions in our societies. Our aim is to offer access to information and skills to participants from crisis areas, people of colour from the 'Global South' and/or people who have experienced systemic exclusion. We prioritise scholarships for people who can serve as multipliers with impact in their communities.

	2020		2022		2025
RECIPIENTS:	118	➤	260	➤	300
AMOUNT:	30,350 €	➤	73,050 €	➤	85,000 €

“

“I can now feel, sense and respond to trauma in my community and working spaces.”

*-Andrea F., Argentina,
Scholarship Recipient*





4. COLLECTIVE TRAUMA INTEGRATION

WE ENGAGE WITH SPECIFIC GEOGRAPHIC AND/OR THEMATIC AREAS OF TRAUMA AND DELIVER PROCESSES FOR INTEGRATION TO COMMUNITIES, ORGANISATIONS, AND COUNTRIES.

- ▶ We will deepen our work on historic and collective trauma integration through a next cycle of INTERNATIONAL LABS, starting in Sept 2023 - Apr 2025. Our last cycle had 692 participants.
- ▶ We address 1. MENTAL HEALTH IN CRISIS through our GLOBAL SUPPORT PROJECT and thus enhance our capacity for rapid psychosocial response to crisis situations in the world.
- ▶ We address 2. MIGRATION & DISPLACEMENT through our work on collective trauma-informed guidelines and our work with diaspora communities.
- ▶ We address 3. POLARIZATION & CONFLICT through an action research program, framing Collective Trauma Integration Processes with a process that visualises the transformation of collective fields.
- ▶ We address 4. THE CLIMATE CRISIS through regular Global Social Witnessing Calls and an annual Collective Climate Summit.





THE COLLECTIVE TRAUMA INTEGRATION PROCESS (CTIP) HAS SIX CORE STAGES:

1. SYNCHRONISING & RESOURCING



Form relational coherence as a group. Grow compassion and access to personal and cultural resources.

2. MEETING THE LANDSCAPE



Align our attention to previously split off content and information. Access symptoms of denial, repression or resistance.

3. EXPLORING TRAUMA CONDITIONING



Begin to trace the voices of individuals back to their roots. Deepen understanding of how we as individuals and as a collective have been shaped by trauma.

4. LISTENING TO THE FIELD



Through the voices of individuals we touch on ancestral and collective content. Become a conduit for the collective past to be expressed and witnessed

5. INTEGRATING & RESTORING



The integration of experiences often begins in small groups. Reflect and share from an embodied place. Post-traumatic learning begins.

6. TRANSFORMING & META-LEARNING



Transpersonal witnessing and integration of the process. First steps of recovery and social change become visible as potential.



INTERNATIONAL LABS

[POCKETPROJECT.ORG/INTERNATIONAL-LABS/](https://pocketproject.org/international-labs/)

The International Labs are groups that meet over several months with the support of trained Collective Trauma Facilitators to explore the historic background, architecture and specific expression of ancestral and collective fields of trauma. They are held within a meta-learning framework of research and supervision.

The Labs deepen the foundation of the work of the Pocket Project, expanding our understanding, and broadening our awareness and digestion of collective trauma aftereffects.

The Labs started with a first cycle lasting from Nov 2020 to Jun 2021. We then entered a reflection period to tease out meta-learnings in supervision sessions and a series of reports, which are available on our website.

In 2022-23, a Collective Trauma Facilitator Training has deepened skills and prepared the ground for a next cycle of Labs. This will start with an onboarding process in Sept 2023, run throughout 2024, and complete with evaluation and research reports in Apr 2025.

“

Collective trauma is an invisible, yet formative ingredient for the structures that emerge in our cultures and societies, and that we tend to take for granted.

- Thomas Huebl, Founder Pocket Project





MENTAL HEALTH IN CRISIS

AREAS OF PRIORITY

In our GLOBAL TRAUMA RELIEF PROJECT, we combine Global Social Witnessing with rapid response to crisis to minimise and prevent current traumatisation in acute crises. Our international teams of therapists, coaches and consultants donate their time to offer 1:1 and Group Sessions with the goal of resourcing individuals and cultivating social stability. We offer regular Supervision Calls and trainings for our teams.

The TRAUMA RELIEF PROJECT UKRAINE has benefitted 15,251+ people, in 1498+ 1:1 Sessions and 78+ Group Sessions. We are building a global healing impulse which directs its efforts to support where the need is strong. 93% of participants found their 1:1 session 'extremely' or a 'great deal' rewarding.

TEAM:

2020		2023		2025
22	➤	80	➤	120

PEOPLE REACHED:

2,515	➤	15,251	➤	25,000
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“

It is very important to have a person with whom you can share your anxieties. But the reality is that my friends are either in Ukraine or in the Armed Forces. We can communicate, but the nature of our anxiety is hugely different. Abroad, without a circle of people, I can trust, being able to talk to a psychologist is salvation.

Tetiana K., Ukrainian Refugee



MIGRATION & DISPLACEMENT

AREAS OF PRIORITY

The number of REFUGEES worldwide increased from 27.1 million in 2021 to 35.3 million at the end of 2022, the largest yearly increase ever recorded, according to UNHCR's statistics on forced displacement. Overall, 52 per cent of all refugees and other people in need of international protection came from just three countries: the Syrian Arab Republic (6.5 million), Ukraine (5.7 million) and Afghanistan (5.7 million).

The Pocket Project, in collaboration with the Harvard Program in Refugee Trauma is dedicated to develop and consult for TRAUMA-INFORMED GUIDELINES that bring awareness not just for individual aspects, but also for ancestral and collective aspects of the refugee experience.

We will be broadening our Global Support Project to encompass DIASPORA COMMUNITIES from Ukraine, Syria, Afghanistan, Iran, and African Countries. We have started by offering Global Social Witnessing calls co-held and in support of these communities.

“

If everybody looks through broken glass, then together, we are looking at a world that looks broken. When I notice my crack in my window, and you notice yours, and we start healing our cracks, then we begin to look at the world through clear glass. And that's what trauma healing does. It starts unifying the world.

Thomas Huebl, Founder Pocket Project





POLARISATION & CONFLICT

AREAS OF PRIORITY

The fundamental question underlying this continuing process of action research is:
DOES A COLLECTIVE TRAUMA AWARENESS AND INTEGRATION PROCESS HELP TO STRENGTHEN PEACE AND DEMOCRACY AND TO OVERCOME POLARISATION?

The markers of a healthy democracy are its capacities to support open communication and encourage dialogue and diverse viewpoints among its citizens, including in times of crisis and change. However, failing democracies struggle with divisiveness, misinformation, and other factors that can cripple this process.

What is the reason for this and how can polarisation and fragmentation be overcome? Our action research project is based on the assumption that unintegrated collective trauma from the past influences the way leaders and citizens deal with current conflicts and crises. Integrating the trauma of the past then becomes fundamental to restoring the guiding principles and practice of peace processes and democracy.

<https://pocketproject.org/collective-trauma-democracy/>

“

The 'difficulties' that arise in our lives, in our relationships, and in society are in fact wonderful invitations to a treasure hunt: if we follow them, we can arrive at the roots of our being - to where our potential awaits release.

Kosha Joubert, CEO Pocket Project





THE CLIMATE CRISIS

AREAS OF PRIORITY

Trauma lies at the root of our inaction in the face of Climate Change. Trauma symptoms of numbness, apathy, hyper-activation and polarisation dramatically slow down our ability to respond adequately and implement the Paris climate agreements. Our lack of relationship to the crisis is part of the crisis.

In 2021 and 2022, the Pocket Project offered a rich online framework programme to help audiences from around the world to expand and ground their sensitive relatedness. We listen to voices from communities on the frontline of the Climate Crisis, from the ground at the UN conferences and from climate solution holders.

We addressed Climate Anxiety and Climate Grief. From 2023 onwards we will develop this into the annual Climate Consciousness Summit.

“

When experience meets us in our open, vulnerable and responsive aspects, it becomes water.

-Thomas Huebl

PEOPLE REACHED:

2021

3,572



2022

4.547



2025

50,000





5. EVALUATION & RESEARCH

WE CREATE RAPID FEEDBACK LOOPS AND RESEARCH PROGRAMS TO GENERATE THE DATA THAT DRIVES AN EVIDENCE-BASED APPROACH.

- ▶ Our EVALUATION FRAMEWORK helps to create rapid feedback loops for all our activities. We survey all of our activities to learn what went well and what could be improved.
- ▶ In collaboration with RESEARCH INSTITUTIONS including the Cynefin Company/SenseMaker software and the University of Witten Herdecke in Germany, we deepen our scientific understanding of Collective Trauma Integration.
- ▶ In 2022, we launched an EPIGENETIC STUDY of DNA changes caused through participation in the Timeless Wisdom Training, a 2-year transformational process led by Thomas Hübl.

“

How important it is in these difficult times that we raise awareness of the complex nature of trauma and to fully understand its impact on ourselves, our teams, and our work in the world.

Florencia R. - Social Researcher

SURVEY RESPONSES 2022: **1945**





► RESOURCE LIBRARY

[POCKETPROJECT.ORG/STUDY-ROOM/](https://pocketproject.org/study-room/)

Our audience can now access RESOURCES FROM DIVERSE BACKGROUNDS through our free online Resource Library. The library provides a selection of resources developed through the work of the Pocket Project and that of many other institutions and cultures in the field of TRAUMA HEALING. It is an all-inclusive platform which can accompany individuals on their individual, ancestral and collective trauma healing journeys.

Explore enriching articles, videos and links for free:

- COLLECTIVE TRAUMA and its relationship to polarization, climate change etc.
- INDIGENOUS RESTORATION and decolonization
- OTHER RESTORATION MODALITIES like Somatic Experiencing, Compassionate Inquiry, Polyvagal etc.

The library will be updated and extended regularly!

“

How important it is in these difficult times that we raise awareness of the complex nature of trauma and to fully understand its impact on ourselves, our teams, and our work in the world.

Florencia R. - Social Researcher





RESEARCH COLLECTIVE TRAUMA INTEGRATION - KEY INSIGHTS

- A more conscious perception and new understanding of the direct links between personal injuries, collective memory content and present crises experiences emerge
- Participants' sense-making and meaning-making change in such a way that they express more commitment, motivation and responsibility in the context of community or democracy
- The collective transforms from a “thing out there” into an internalised resonance experience
- The lived experience of resonance enables a creative approach to polarisation and conflict.
- Differences and differing opinions can be better included and contained from which innovative and appropriate response possibilities arise.

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Compassion is not a relationship between the healer and the wounded. It's a relationship between equals. Only when we know our darkness well can we be present with the darkness of others.

-Pema Chödrön



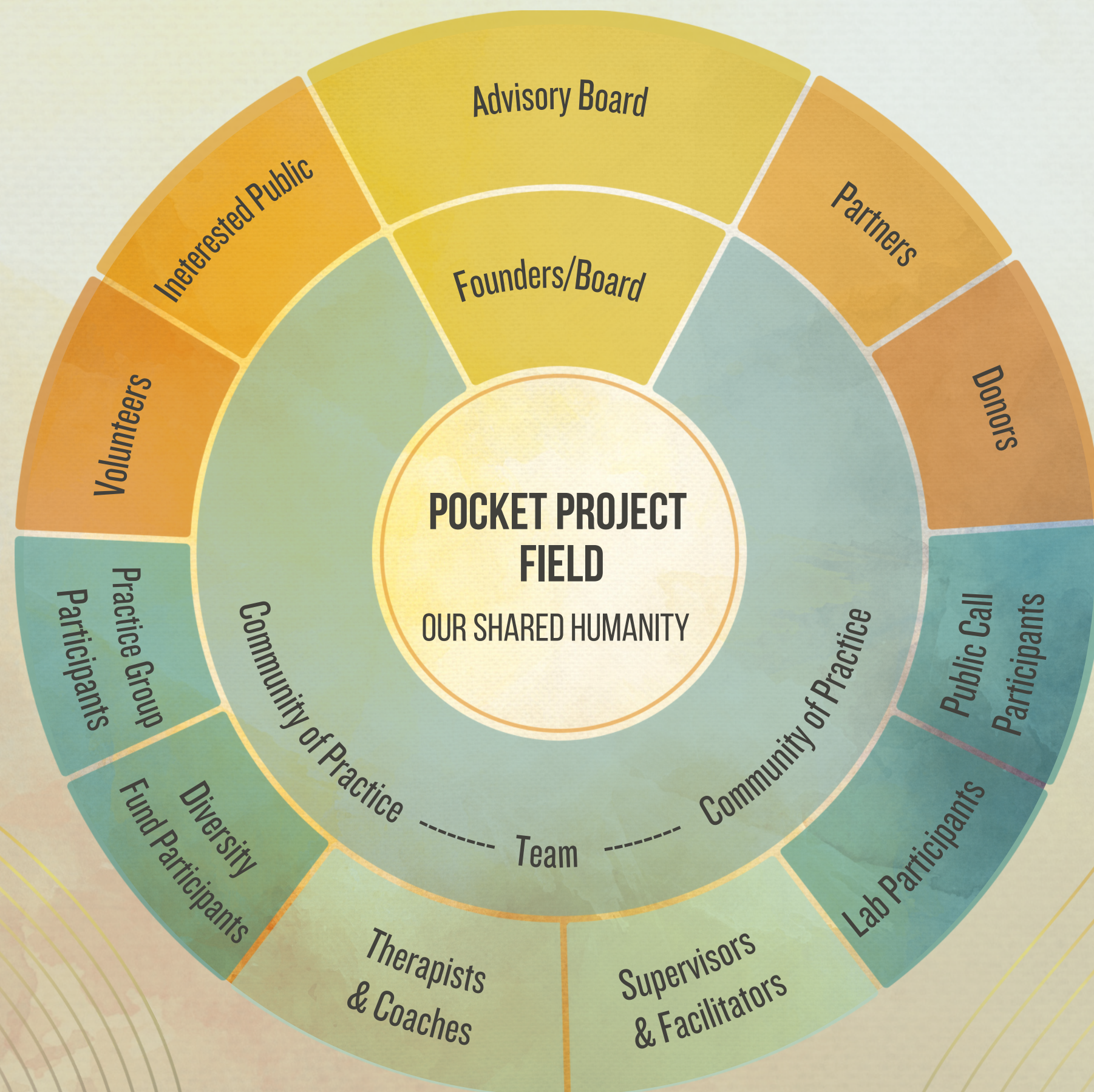
ORGANISATIONAL DEVELOPMENT

DEVELOP AN ORGANISATIONAL STRUCTURE THAT ALLOWS FOR THE INVOLVEMENT OF A GROWING NUMBER OF DONORS, STAFF, FREELANCERS, AND VOLUNTEERS IN THE MANIFESTATION OF OUR STRATEGY

- ▶ We will change our name to either 'GLOBAL RESTORATION INSTITUTE' or 'INSTITUTE FOR COLLECTIVE RESTORATION' to better communicate our intention.
- ▶ We will prepare a global strategy of organisational development, setting up a second branch/non-for-profit in the US and regional hubs in Latin America, Africa and Asia.
- ▶ We will develop two departments across our branches and hubs, with one department focussing on engaged citizens, NGOs and social enterprise and a second department reaching out to diplomats and governments.
- ▶ As we support systems and countries in their collective restoration efforts, we identify key players and leverage point from both audiences, thus combining our bottom-up and top-down strategies into a powerful tool for whole systems transformation.



ORGANISATIONAL DEVELOPMENT



- ▶ We ensure the continuing high quality of the relational and systemic sensing underlying all our work
- ▶ We continue to expand our teams of professionally trained therapists, coaches, practice group leaders, trauma-informed leaders, global social witnessing facilitators and collective trauma facilitators to activate the global healing movement.
- ▶ We continue to expand our teams of support and the diversity and expansive reach of our audience.
- ▶ All our work is carried out in adherence to our values, directly related to the three basic Human Rights, as we understand them, and to the three core values of the United Nations:

The Right to Be - with Integrity
 The Right to Become - with Professionalism
 The Right to Belong - with Respect for Diversity

GLOBAL FIELD & PARTNERSHIPS



- ▶ The Pocket Project serves as an umbrella for the nonprofit activities of bringing Collective Trauma Integration Processes (CTIP) into service where they are most needed and most effective.
- ▶ At the heart of our partnerships are our collaboration with the Academy of Inner Science, Sharing the Presence GMBH in Germany and Inner Science LLC in the US. These companies support and feed into the work of the Pocket Project, and vice versa.
- ▶ The Pocket Project cultivates partnerships with like-minded organisations, and those that extend our work into areas beyond our immediate skills and capacities. We share our sense of urgency for humanity to wake up to the hidden variable of trauma.
- ▶ Is your organization interested in partnering with us, or shifting to trauma-informed and trauma integrating practices and policies? Reach out and let us know!

FINANCIAL DEVELOPMENT

	2020	2021	2022
Total Income	€45,520	€336,974	€455,410
Income Donations	€45,520	€195,546	€248,539
Income Funded Projects	€0	€0	€97,807
Income PP Programs	€0	€141,428	€201,056
Total Expenditure	-€115,479	-€261,083	-€305,607
Total Amount Spent on Scholarships	€40,161	€30,350	€73,050

FINANCIAL DEVELOPMENT

GATHER RESOURCES THAT ALLOW THE POCKET PROJECT TO FULFILL ITS MISSION IN THE WORLD.

	2020		2022		2025
TOTAL INCOME:	45,520€	➤	455,410€	➤	1,200,000€
INCOME DONATIONS:	45,520€	➤	248,539€	➤	450,000€
INCOME FUNDED PROJECTS:	0€	➤	97,807€	➤	400,000€
INCOME PP PROGRAMS:	0€	➤	201.056€	➤	350,000€

“

Embodiment is the foundation for healing. Without embodiment, we have no instrument to receive the world and to ground the energy of anxiety, fear and trauma. Our body is the instrument that allows the energy to return and become fertile soil for the future.

-Kosha Joubert





DONATIONS

▶ BECOME A KEY DONOR

[POCKETPROJECT.ORG/DONATE](https://pocketproject.org/donate)

We fundraise resources that allow us to contribute to the healing of collective trauma and to reduce its disruptive effects on our global culture. Every donor is an active participant in the realization of this aims.

▶ FRIENDS OF THE POCKET PROJECT

Friends of the Pocket Project is a growing circle of key donors and monthly donors. We learn from the feedback from this circle, and offer privileged access to certain materials and gatherings. Join us!



“

Wisdom is the amount of world that is consciously included in the way I live. So, growing maturation and wisdom has depth, because more of the world's process is included in my movement

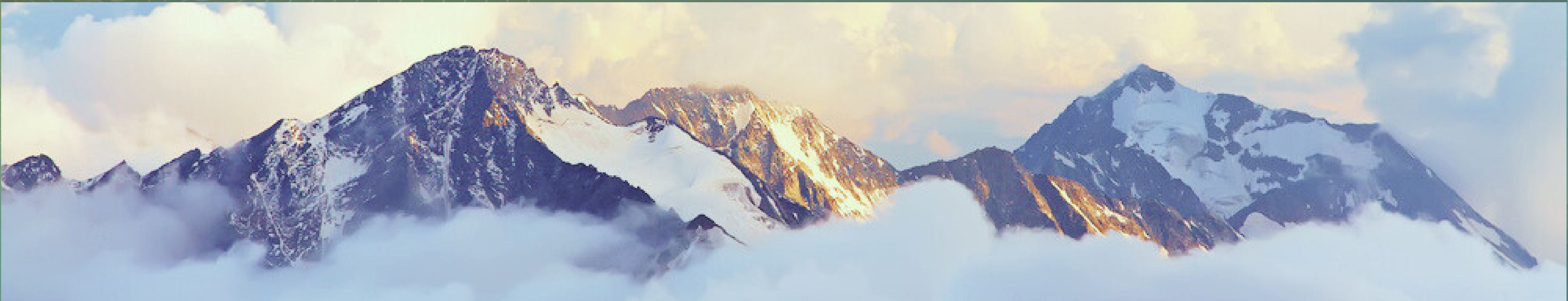
-Thomas Huebl



THANK YOU !

IF YOU WOULD LIKE TO KNOW MORE...

Visit us at www.pocketproject.org.
Contact us at info@pocketproject.org.



Our capacity to build a community of practice, through relatedness, coherence and resourcing, enables us to create spaces of safety and compassion. Previously exiled energy can begin to show up. This is the first step towards a healing movement.

Kosha Joubert



POCKET PROJECT
RESTORING A FRAGMENTED WORLD