

Global Social Witnessing Facilitator Training

Shared Agreements - GSW Training Community

As a member of this community, I agree to the following:

- To engage in respectful exchanges with others, even when feeling personally challenged.
- To adhere to the code of conduct as outlined here and in the community's Terms of Use.
- To practice the additional shared agreements and guidelines as detailed below.

As a member of this community, I will practice:

- Recognizing that we are a community and treating all members with respect and civility.
- Understanding that discomfort may arise in my interactions with others, and welcoming that discomfort as a possible signal of where I might grow.
- Speaking from the "I" perspective; attending to my own experiences and responses and not expressing assumptions about the experience of others.
- Being open to the different viewpoints of others.
- Respecting confidentiality by taking home learnings but not identifying others' experiences shared.
- Respecting boundaries when reaching out to others privately and directly. If someone declines a private conversation with me, I will honor their request.
- Being present with my feelings, with my body awareness and my thoughts as well as those of others.
- Welcoming emotions and not pushing away feelings but rather investigating them with curiosity.
- Being authentic, and taking ownership of my intentions and impact.
- Honouring our community as a place to practise the principles of presencing and deep listening. Bring my embodied presence while listening to someone, and at the same time, stay curious and open to my own inner experience.